

What we Provide

In pursuit of our aims the Centre works to secure funds to provide a range of services and activities. For example:

Enquiry, Support & Advice

Drop-in and appointment based advice & support service on issues relating to welfare benefits, debt, housing, utility providers, employment, & education;

Activity & Events programme

- Women's Group
- Seniors Lunch Club
- Kingsway Eye – Community Film-making group
- Community Garden Project
- Summer Hillwalking programme
- ESOL Classes
- Creche service
- Educational & Cultural visits
- Community Events
- Newsletter
- Credit Union Service
- Community Computer & office services
- Meeting space for groups
- Music Club

Multi-Agency Planning & Networking

- Provide a lead role in the West Integration Network;
- Manage the Good Relations project which works to develop and challenge the attitudes of young people and adults alike;
- Actively contribute to the Violence Against Women Implementation Group;
- Actively contribute to the West & Central Voluntary Sector Network
- Support the development of community-led groups such as Scotlanka Network and Scottish Middle Eastern Council.

Contact us

Centre Opening Times

OPEN TO THE PUBLIC FOR GENERAL ENQUIRIES

MONDAY TO FRIDAY AT THE FOLLOWING TIMES:

10:00AM TO 12.00PM

2:00PM TO 4:00PM

Welfare Advice & Support Worker Surgery

DROP-IN SURGERY

Monday 10am—12 Noon

Wednesday 6.00pm—8.00pm

Appointments are available outwith drop-in times but must be made by contacting the office.

OPEN EVENINGS & WEEKENDS BY ARRANGEMENT

OFFICE HOURS MON to FRI 9AM to 5PM

Kingsway Court Health & Wellbeing Centre

Block 50 Kingsway Court,

GLASGOW, G14 9SR

Tel: 0141 959 0129

email: kingswaycourt@btclick.com



Registered Scottish Charity No: SCO 30788

Kingsway Court Health & Wellbeing Centre



**PROUD
CAPABLE
CONFIDENT**

Background

Kingsway Court is a complex of high-rise flats in a clearly defined estate in the Scotstoun area of Glasgow.

Kingsway Court and the surrounding area is noted in the Scottish Index of Multiple Deprivation as one of Scotland's most deprived zones.

The area has suffered prolonged economic, social and physical deterioration. This legacy of disadvantage includes: low levels of educational attainment; concentration of 'hard core' poverty, low incomes and high unemployment; higher than average levels of drug abuse and crime.

The Glasgow Centre for Population Health confirms that mental and physical illness and premature death rates are significantly above the national average.

NHS Greater Glasgow and Clyde confirm that addressing financial exclusion is a priority for health service providers because it has the potential to reduce health inequalities and tackle the social causes of ill-health.

However, this is not a completely hopeless situation. Underneath these terrible statistics lies a community of people full of spirit, personal pride and desire for a better quality of life.



About Us

The Kingsway Court Health & Wellbeing Centre is a Scottish registered charity and is registered as a company limited by guarantee.

We have a board of 12 directors elected annually from our membership. We are a community development centre set up by local people for local people to help improve the quality of our life and our community.

Our Vision is one of a **Proud, Capable and Confident** multi-cultural community.



Our Mission is to build **social capital** within the community.

That is, we believe increasing people's confidence, esteem, sense of connectedness and belonging is likely to be the most effective contribution our organisation can make to addressing health inequalities and improving health and wellbeing within the community.

We aim to do this by generating resources and opportunities to improve people's chances of personal growth & fulfillment

Our Values

Equity

We recognise that many differences between people are unnecessary, avoidable, unfair and unjust

Justice

In a world rich in resources; poverty and inequality are injustices which must be overcome. We recognise that not all inequalities are unjust but unjust inequalities can be reduced or eliminated.

Empowerment

The promotion of mutual respect, self reliance and self responsibility will encourage and empower people to work towards changing themselves and their communities for the better.

Participation

Participation is an ongoing process of learning, involving, reflecting and improving on decision-making

Collaboration

A commitment to a positive and creative process working toward common goals by sharing responsibility, authority, and accountability for achieving results.

Would you like to volunteer or do you have an idea that will help the community? If so, come in and talk to the Centre's staff team – we're here to help you.